

Bullying Behavior Chart



	Physical Harm to another's body or property		Emotional Harm to another's self-esteem		Social Harm to another's group acceptance	
Levels	Verbal	Non-verbal	Verbal	Non-verbal	Verbal	Non-verbal
1	Taunting Expressing physical superiority	Making threatening gestures Defacing property Pushing/shoving Taking small items from others	Insulting remarks Calling names Teasing about possessions, clothes Saying someone has germs or is unclean	Giving dirty looks Holding nose or other insulting gestures	Gossiping Starting/spreading rumors Teasing publicly about clothes, looks, etc	Passively not including in group Playing mean tricks
2	Threatening physical harm Blaming victim	Damaging property Stealing Initiating fights Scratching Tripping or causing a fall Assaulting	Insulting family Harassing with phone calls Insulting intelligence, athletic abilility, etc	Defacing school work Falsifying school work Defacing personal property, clothing, etc	Insulting race, gender Increasing gossip/rumors Undermining other relationships	Making someone look foolish Excluding from the group
3	Making repeated and/or graphic threats Practicing extortion Making threats to secure silence: "If you tell, I will"	Destroying property Setting fires Biting Physical cruelty Making repeated, violent threats Assaulting with a weapon	Frightening with phone calls, email or facebook Challenging in public	Ostracizing Destroying personal property or clothing	Threatening total group exclusion	Arranging public humiliation Total group rejection/ ostracizing